

## **EXAMPLE MENU 1**

### **Breaky**

*Fresh orange & apple juice*

*Fruit bowl*

*Focaccia with Cumberland sausage & chilli jam & rocket | **meat***

*Focaccia with Shroom dog & chilli jam & rocket | **vegan***

### **Lunch**

*Pork & fennel & squash lasagne, mint, courgette, spinach & pea salad | **meat***

*Cumin roast sweet potato, black eye bean coconut South Indian curry, black kale, pickled red onion | **vegan***

### **Pud**

*Strawberry & elderflower jam sugared doughnuts | **veggie***

*Cinnamon glazed doughnuts | **vegan***

### **Afternoon tea**

*Spiced beef & sweet potato puff sausage rolls | **meat***

*Coronation chickpea vioche rolls | **vegan***

*Hand cooked Kettle crisps*

*Banana bread | **vegan***



## **EXAMPLE MENU 2**

### **Breaky**

*Fresh orange & apple juice*

*Fruit bowl*

*Focaccia with chicken sausage & chilli jam & rocket | **meat***

*Focaccia with Shroomdog & chilli jam & rocket | **vegan***

### **Lunch**

*Chipotle & arbol chilli pulled chicken, smoked garlic brown rice, spinach, charred corn salsa, pink pickled onion | **meat, gf***

*Miso mac & cheese, gochujang roast cauliflower, spinach & red onion salad | **veg, vegan avail***

### **Pud**

*Strawberry & elderflower jam sugared doughnuts | **veggie***

*Cinnamon glazed doughnuts | **vegan***

### **Afternoon tea**

*Green goddess yoghurt chicken brioche sub | **meat***

*Coronation chickpea vioche sub | **vegan***

*Hand cooked Kettle crisps*

*Banana bread | **vegan***



## **EXAMPLE MENU 3**

### **Breaky**

*Fresh orange & apple juice & fruit bowl*

*Sourdough croissant with gruyere, vine tomato & spinach | **veggie***

*Sourdough vegan croissant with oat cream cheese, vine tomato & spinach | **vegan***

*Blueberry & coconut overnight oats | **vegan***

### **Lunch**

*Teriyaki chicken with mango, carrot & sesame noodle salad, greens & smashed cucumber | **meat, gf avail***

*Yellow Thai sweet potato curry with Thai herb, chilli & papaya salad, coconut rice | **vegan***

### **Pud**

*Salted chocolate chip New York style cookies | **vegan & dairy avail***

### **Afternoon tea**

*Butternut squash, red pepper & Aleppo chilli sausage rolls | **veggie***

*Lemon & confit garlic hummus pots, sugar snap crudite | **vegan***

*Coconut flapjack | **vegan***

### **Breaky**

*Fresh orange & apple juice & fruit bowl*

*New potato, cheddar, spinach & cherry tom frittata | **veggie***

*Whipped avocado sourdough, slow roast tomato, sumac toasted seeds, watercress | **vegan***

*Watermelon pots | **vegan***

### **Lunch**

*Piri piri chicken, spicy rice, yoghurt slaw | **meat, gf avail***

*Burnt aubergine & rose harissa rigatoni, limey carrot salad, tenderstem broccoli | **vegan***

### **Pud**

*Guinness cake, whipped vanilla cream, English blackberries | **vegan & dairy avail***

### **Afternoon tea**

*Brioche potato roll, green herb pumpkin seed pesto, vine tomato | **veggie***

*Vioche potato roll, red pepper hummus, green salsa, rocket | **vegan***

*Ginger shortbread | **vegan avail***